

OTTER TRAIL GUIDE

TIDES NOV 2026

DAY 1

HUT: Ngubu
DISTANCE: 4.8 km
TIME: 3.5 hours

NOTES:
Swim at the water-fall. The huts are not too much further so there is no rush to get there.

DAY 2

HUT: Scott
DISTANCE: 7.9 km
TIME: 5.5 hours

NOTES:
One of the toughest days. Don't miss Bloubaai beach - see Profile Map below.

DAY 3

HUT: Oakhurst
DISTANCE: 7.7 km
TIME: 5.5 hours

NOTES:
Keep costume and sandals close to hand for two river crossings.

DAY 4

HUT: Andre
DISTANCE: 13.8 km
TIME: 8 hours

NOTES:
Major river crossing at Bloukraans River*. See Profile Map below.

DAY 5

HUT: De Vasselot
DISTANCE: 8.8 km
TIME: 3 hours

NOTES:
Only one major climb left. Order the special Otter Drink at the restaurant at Natures Valley and you'll get a certificate too!

* Your starting time on the 4th day will depend on the time of low tide - this may be very early in the morning. You need to be at the Bloukraans half an hour either side of low tide. Crossing at high tide is exceptionally dangerous. It will take approximately 4.5 hours from Oakhurst to the Bloukraans (about 10 kilometers). If you are walking in the dark (the trail is well marked at this point if you do need to start walking before dawn) allow half an hour extra.

It is better to wait for the tide to soften than get there after it has started pushing in, resulting in the chance of having to take the escape route round. If you cannot cross the river then walk up the escape route shown on your Sanparks map, when you reach the top of the cliff call the ranger on duty and they will take you around and drop you at the top of the cliff about half an hour walk from the Andre huts.

Please note: This document is only intended to supplement your map and documents issued by Sanparks. The Tidal information is to be used as a **rough guide only**, it has not been officially verified and we do not accept any responsibility for incorrect tidal information or incidents that occur as a result of using this guide.

Day	Sunrise	Sunset	High Tide	High Tide	Low Tide	Low tide
1	0528	1856	0817	2059	0142	1437
2	0527	1857	1023	2301	0303	1716
3	0526	1858	1159	----	0519	1830
4	0526	1859	0022	1254	0631	1919
5	0525	1900	0116	1337	0718	1957
6	0524	1900	0159	1414	0755	2030
7	0523	1901	0238	1449	0828	2101
8	0522	1902	0314	1521	0858	2130
9	0521	1903	0347	1551	0928	2158
10	0520	1904	0418	1621	0958	2226
11	0519	1905	0448	1649	1028	2254
12	0519	1906	0517	1718	1059	2323
13	0518	1907	0546	1747	1131	2353
14	0517	1908	0616	1819	1207	----
15	0517	1909	0653	1858	0027	1250
16	0516	1910	0743	1951	0108	1349
17	0515	1911	0907	2111	0203	1524
18	0514	1912	1101	2304	0332	1721
19	0513	1913	1206	----	0529	1824
20	0512	1914	0021	1253	0630	1910
21	0512	1915	0114	1334	0714	1950
22	0511	1916	0159	1415	0754	2029
23	0511	1917	0242	1456	0834	2109
24	0510	1918	0324	1539	0915	2150
25	0510	1919	0407	1623	0957	2231
26	0510	1920	0450	1708	1042	2314
27	0510	1921	0535	1755	1130	2359
28	0509	1922	0622	1844	1222	----
29	0509	1923	0714	1937	0045	1321
30	0509	1924	0816	2039	0135	1435

THE OTTER TRAIL HEIGHT PROFILE

Thanks to Magnetic South (who organise the Otter Trail Run) for the use of this height profile. www.theotter.co.za

